



COMMONLY REQUESTED ITEMS

Every Hero in our system creates a wishlist in their account. This is a list of the most commonly requested items. You can use it to collect items for your HeroDay. Each HeroBox will typically hold 12-15 of the following items.

FOOD

BEEF JERKY
GRANOLA BAR
TRAIL MIX
COFFEE
MWAVE FOOD
HARD CANDY
TUNA PACKETS
NOODLE CUPS
DRINK MIX
SUNFLOWER SEEDS
TWIZZLERS
DRIED FRUIT

HYGIENE

BABY WIPES
HAND SANITIZER
DEODORANT
BODY LOTION
SUN BLOCK
TOOTHBRUSH/PASTE
FEMININE HYGIENE
LIP BALM
THROAT LOZENGES
EYE DROPS
BODY POWDER
TUMS

OTHER

BOOKS
DVDS, CDS
PUZZLE BOOKS
PENS, PENCILS
POSTCARDS
DRAWING PADS
JOURNALS
MAGAZINES
TUPPERWARE
SOCKS
UNDERSHIRTS

PLEASE DO NOT SEND: AEROSOL, BATTERIES, ALCHOHOL, WEAPONS, CELL PHONES, ADULT MATERIAL, OR ANYTHING THAT CAN SPILL.